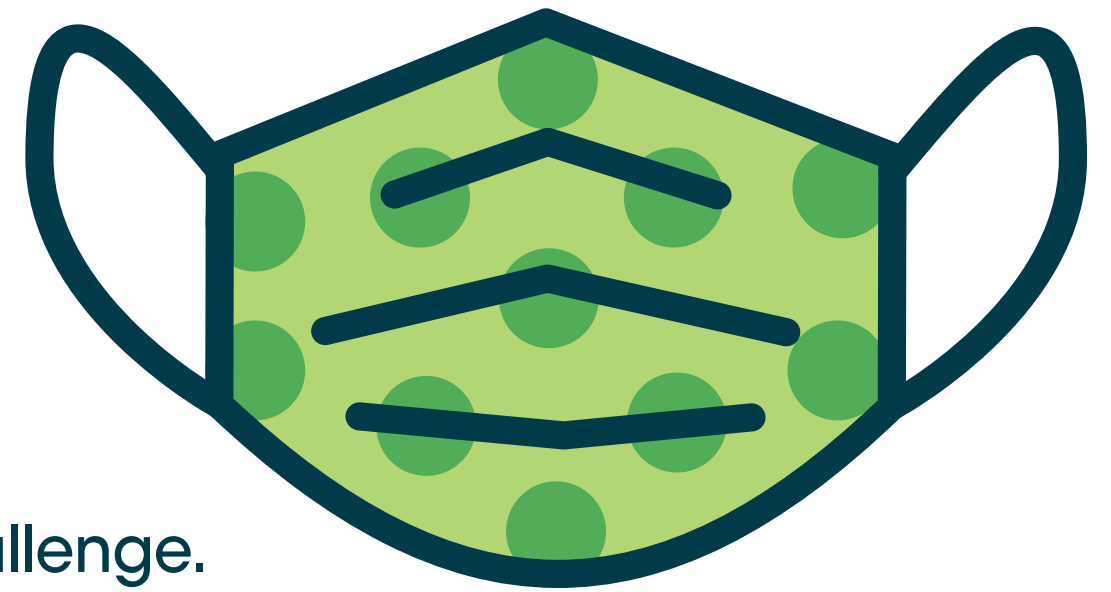


# HOW TO SAFELY WEAR A FACE COVERING

Wearing a face covering may be an added way to protect others around you, particularly where physical distancing (keeping a distance of two meters from others) may be a challenge.



- ✔ Clean your hands before putting it on and taking it off
- ✔ Make sure it fits. It should cover your mouth and nose.
- ✔ Keep your hands away from your face while wearing a face covering
- ✔ Wash your cloth face covering in the laundry
- ✔ Try your best to stay two meters (six feet) away from others
- ✔ Clean surfaces that a dirty face covering touches

**Save the medical-grade masks for health care professionals.**

Novel Coronavirus (COVID-19) Info-Line 905-688-8248 press 7, then press 2 Toll-free: 1-888-505-6074