Teaching Tool Vaping - Grade 4-8

Wants vs. Needs vs. Addictions Worksheet

The teacher will read the list of objects and activities. Students will then walk to the sign that they think best describes the example. Signs are at the end of this document. Students may be asked to explain their reasoning.

Statements:

- I. Your cell phone
- 2. Vaping because of the nicotine
- 3. Fast food
- 4. Vaping before or after an extracurricular activity
- 5. Your computer
- 6. People who vape more than one pod a day
- 7. Playing video games more than 2 hours a day
- 8. Vaping because your friends do it
- 9. Social media
- 10. Vaping only at parties
- II. Friends
- 12. Asking an older person to buy you vaping products
- 13. Food
- 14. Making your own e-juice
- 15. Water



NEED

WANT

ADDICTION

UNSURE