Teaching Tool

Topic: Vaping

SCENARIO 1

Mya has been curious about vaping ever since her friend started to vape. She has never smoked before but her friends tell her it is less harmful than cigarettes. Gloria thinks vaping would be okay to try because she thinks that there are no harmful effects.

Class Discussion: Are there any health risks associated with vaping? What can Gloria do to get more information about the use of e-cigarettes?

SCENARIO 2

Each time Rocco enters the boy's washroom at his school he notices that there are more and more people vaping. In one instance, he had an asthma attack inside the boy's washroom as a result of being exposed to vaping.

Class Discussion: What could Rocco do in this situation and what could he do after the fact to address the issue?

SCENARIO 3

Today is Kimberly's first day at her new school. Her classmates invited her to vape with them after class. Kimberly has always been curious about vaping and has a chance to make some new friends.

Class Discussion: What could Kimberly do in this situation?

SCENARIO 4

Rohit has had a difficult time keeping friends. A group of boys from his class invite him for a sleepover after school. When he arrives at the sleepover, the group of boys are playing video games and vaping. They are passing around the vape and it comes to him. Jake knows it is not good for him but he wants to fit in.

Class Discussion: How would Jake get out of this situation?