

What's in the bag?

Time: 15 minutes

Materials

- [What's in the bag card descriptors](#)
- [What's in the bag deck of cards](#)

Instructions

- Inform students that the bag contains items and pictures that relate to puberty
- These items/pictures will be discussed one by one as they are pulled from the bag
- Encourage students to brainstorm answers to these questions:
 - What is the item/picture?
 - How does this item/picture relate to puberty?
 - When you think of this item/picture what are some things that should be considered?
- Supplement the discussion as needed using the descriptions of the items and how they relate to puberty, provided below
- Once all the items have been pulled from the bag, discuss them by asking:
 - What items from the kit are most helpful for shaving? Preventing acne? Smelling good? Looking good? Feeling good?
 - Where can you find or buy most of the items in the puberty kit?
 - Who can you talk to about getting items in this kit?

Variations

- Use this as the opening activity for the lesson. Before introducing the topic, have students explore the items.
 - Create a story box or several story boxes with items for students to explore in small groups
 - Encourage students to reflect on the items and how they relate, trying to predict a theme
 - Facilitate a whole class discussion trying to elicit responses that relate to puberty and physical changes in males and females
 - Begin the presentation and pause throughout to discuss items from the story boxes as they emerge or become relevant in the presentation