

### Advice Corner

**Time:** 20 minutes

### Materials

- [Advice corner cards](#)
- [Advice corner answer sheet](#)
- Blank sheets of paper and pencils (optional)

### Instructions

- Tell students that this activity will give them a chance to apply some of what they have learned about puberty. Now that they know more about puberty their friends may come to them for advice, as they're now student experts!
- Divide the class into small groups of 3-4
- Have each group choose a scenario
- Give groups 1-2 minutes to problem-solve their questions
- Give each group an opportunity to share their question and solution with their peers

### Variations

- Allow students to complete this activity in small groups as a gallery walk
  - Create several different stations throughout the classroom. Place a different scenario and a blank sheet of paper and pencil at each station. Have each group begin at a different station discussing that scenario and writing down one response on the blank sheet before moving on to another scenario. Each group will record their response to one scenario on the same sheet.
- **Quick review:** Use the scenario cards whenever time permits (5-10 minutes) for quick review of strategies for managing the changes that accompany puberty. Students can choose and read a scenario aloud and discuss possible responses. This can be done as a whole class or in small groups or pairs.

Adapted from grade 4 activity [www.teachingsexualhealth.ca](http://www.teachingsexualhealth.ca).