# I don't like my hair because it's too oily. What suggestions do you have?



I don't want to shave yet, but other people keep telling me I should. What advice would you give?



# I feel so bad - my friends told me that I stink after gym class. What can I do?



## I am embarrassed about all these changes that are happening to me. What might I do?



Some of my friends are starting to have feelings for other people... Is it ok that I am not having these feelings for other people?



This person on my track team has feet that smell gross after every practice. Should I tell him to see a doctor?



I noticed a few pimples on my face. My older brother told me that I should pop or pick at them. What should I do?



# Sometimes little things make me feel really sad or angry. What should I do?

