

### What would you do?

**Time:** 20 minutes

#### Materials:

- [What would you do? scenario cards](#)
- [What would you do? answer key](#)
- Blank sheets of paper and pencils (optional)

#### Instructions:

- Tell students that this activity will give them a chance to apply some of what they have learned today. Now that they know more about puberty, their friends may come to them for advice, as they are now student experts!
- Divide the class into small groups of 3-4 students.
- Have each group choose a scenario.
- Give them 1-2 minutes to problem solve their question.
- Encourage students to consider the following questions:
  - Why is this happening?
  - What can the person do?
    - What are the options?
    - Which option is likely to have the best outcome? Which option is the healthiest and/or safest?
  - What are some other things to consider?
    - Is this common? Would it help to know that it is common?
- Give each group an opportunity to share their question and solution with their peers

#### Variations:

- Use scenario cards to create a gallery walk. Create several different stations throughout the classroom.
  - Place one scenario and a blank sheet of paper and pencil at each station.
  - Have each group begin at a different station discussing that scenario and writing down one response on the blank sheet before moving on to another

scenario. Each group will record their response to one scenario on the same sheet.

- Invite the students to create their own scenarios.
- Quick Review: Use the scenario cards if time permits (5-10 minutes), for a quick review of strategies for managing the changes that happen during puberty. Students can choose and read a scenario aloud and discuss possible responses. This can be done as a whole class or in small groups or pairs.

(Adapted from grade 4 activity retrieved from: [www.teachingsexualhealth.ca](http://www.teachingsexualhealth.ca))