## **Pregnancy Prevention Pop Quiz!**

Time: 40 minutes

## Materials:

• Pregnancy prevention quiz PowerPoint presentation

## Instructions

- Cue the pregnancy prevention pop quiz slide
- Inform the students that they will now be showing what they know about pregnancy and steps they can take to prevent pregnancy
- Divide the class in to 2 teams
- Have one student from each team face off to answer a true/false question
- The first student to buzz in (hands on head or raise hand in air) will have the opportunity to answer the question
  - If the student answers correctly, his or her team earns a point
  - If the student answers incorrectly the other team will get the point (since there are only 2 possible answers)
- Continue in this manner until all questions have been answered
- Tally the points and declare a winner
- Ask students whether there are any questions that surprised them and what they learned from the activity
- **Optional**: Open with a brief discussion about decision-making using the metaphor of shopping for jeans.
  - Ask the students: When you are shopping for a pair of jeans, what are some things you consider/look for before you buy them? Responses may relate to cost, fit, feel, colour, brand, etc.
  - Explain that there are lots of decisions and thought that go into buying a pair of jeans that they may wear for the next 6 to 12 months. They need to put even more thought into decisions that may affect the rest of their life and their partner's life.

## Variations

• Rather than dividing the class into teams and keeping score, have students answer individually or in pairs using small white boards (e.g. by sliding a white sheet into a plastic sleeve) or flash cards (e.g. T and F)

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905-688-8248 or 1-888-505-6074 ext. 7379 niagararegion.ca/**health**  • If desired, consult with the school health nurse to address difficult questions or to arrange a question and answer session for the class with the nurse