It's Up to You!

Time: 20 minutes

Materials:

- It's up to you! scenario cards
- It's up to you! answer sheet

Instructions

- Divide the class into 4-5 equal teams/groups
- Open a brief whole class discussion to review healthy relationships and sexual health.
    - Refer to the activities and information in the Core Knowledge Content from this and previous Teaching Tools.
- Inform students that in this activity they will be exploring some different scenarios and suggesting how those involved should proceed
    - Pretend that you are watching one of these scenarios unfold and that you have the power to decide what happens next. What should the person do?
- Read a scenario aloud and invite the students to discuss their ideas in their group. Consider using the following prompts for the discussion:
    - What is the problem here?
    - What should the person do?
    - What might the outcomes be? Negative outcomes? Positive outcomes?
    - What are some things the person should consider?
- Supplement and clarify information, using the Core Knowledge Content as needed
- Repeat with the remaining scenarios

Variations

- Allow students to discuss the scenarios in partners
- Create a gallery walk
    - Place a different scenario at a different station throughout the classroom
    - Divide students into small groups, each beginning at a different station to discuss that station's scenario and their response
    - After several minutes, have groups rotate to the next station and scenario
    - Once groups have visited each station, have a brief whole class discussion in which students reflect on the activity and on the scenarios

- ○ Optional: Include a blank sheet onto which groups record their responses at each station
- **Quick review**: whenever time permits (5-10 minutes), revisit one or two scenarios to discuss decision-making and responding to difficult situations