

It's up to you!

Encourage students to raise their own ideas and reflect critically about these situations. Highlight and/or elicit the points below.

Scenario: Madison and Marco

Madison has been texting Marco saying that he's hot and that she wants to feel his abs. Marco isn't comfortable with what Madison is texting him. What should Marco do?

- Marco should have a conversation with Madison about how he feels.
- Marco should be honest and ask Madison to stop.
- If Madison continues, Marco should tell a trusted adult.
- Just like nobody should be pressured into having sex, nobody should be pressured into saying or doing things on the internet, social media, or their phone, that they are not comfortable with. If you are uncomfortable with something you should ask the person to stop, and if they don't, tell a trusted adult.

Scenario: Greg and Kate

Greg texts Kate, asking if she wants to come over for 'Netflix and chill' on Friday. Kate says sure, and is looking forward to catching up on Riverdale. When Kate gets to Greg's on Friday, she is surprised when he tells her that he wants to have sex. What happened here? What should Kate do? How should Greg respond?

- There has been a miscommunication.
- Greg should not have assumed that Kate was interested and wanted to have sex.
- Kate should communicate that she's not interested.
- Kate and Greg need to have a conversation about what each of them wants to do that evening (i.e., watch a movie/TV).
- If any sexual acts were to happen, consent is needed by both partners involved. Greg and Kate should also have a conversation about boundaries and limits.

Scenario: Nina and Matt

Last year there was a rumour going around that Matt had sex with another student. One night when Matt is at a party, Nina grabs him around the waist and says they should find a room to have sex. When Matt takes Nina's arms off his waist and starts to walk away, Nina says "What? You aren't interested in me?"

- Nina is making assumptions that Matt wants to sex because of what she has heard about him
- Matt should communicate to Nina that he is not interested in anything and leave the situation, if necessary
- Remember, consent for sexual activity (including physical contact like holding hands, kissing, or sexual intercourse) needs to be verbally stated and not pressured out of someone.
 - Someone's sexual history (real or gossip), how they dress, or actions, do not mean that they are consenting to sexual activity of any kind.

Scenario: Lucy and Stacy

Lucy and Stacy always walk home together after school. Lately, Stacy has been starting to make sexual jokes and making comments about what sexual things Stacy and Lucy could do together. Lucy is very uncomfortable. What should Lucy do?

- Lucy needs to tell Stacy that she is uncomfortable.
- Lucy should address the comments and that she wants the jokes to stop, and explain how they are inappropriate.
- If Stacy continues, Lucy should talk to a trusted adult.
- If Lucy continues to feel uncomfortable with Stacy, Lucy could stop walking home with Stacy.

Scenario: Blake and Jamie

Blake and Jamie have been dating for one year. They have only kissed a few times but are starting to feel ready to take the next steps in their relationship, intimately. Jamie wants to

talk about using protection, but Blake keeps avoiding the conversation. What is happening here? What should Jamie do? What should Blake do?

- It can be uncomfortable to have a conversation about preventing STI's, but it's an important conversation to have.
- Jamie should continue trying to talk about using protection (i.e., condoms) with Blake, and not have sex until he and Blake are able to have a conversation about it.
- Not being able to talk to your partner about STI and/or pregnancy prevention is a sign that someone isn't ready or mature for sexual intercourse.
 - In this situation, Blake might not be ready yet to have an important conversation that is needed, prior to having sex.
- Boundaries and limits could be emphasized here.

Scenario: Taylor and Alex

Taylor and Alex are at a party where people are drinking and there are no parents around. They have been dating for two years and have been sexually active together. Alex wants to have sex and thinks Taylor wants to have sex too, but Taylor has been drinking. What is happening here? What should Alex do?

- Prior sexual activity does not automatically mean consent is given each time. Consent must be clearly and verbally given every time.
- Since Taylor is under the influence of alcohol, consent cannot be legally given for sex.
- Alex should wait to have sex until a time when Taylor is able to legally consent.

Scenario: Jess and Riley

Jess and Riley have been dating for a couple of months. They are making out and agree to try oral sex. But as they continue making out, Riley is suddenly having second thoughts. What should Riley do? How should Jess respond?

- Riley should stop and tell Jess that she is uncomfortable and unsure.

- Jess needs to be paying attention to Riley's communication, both verbal and non-verbal, and stop progressing when Riley starts to look uncomfortable or says that she is uncomfortable
- Jess and Riley need to stop and communicate again about what they are comfortable with and what their sexual limits are.
- Remember, consent needs to be given at every step for sexual activities.
 - For example, there needs to be consent given by both partners before kissing, then before oral sex, and then again before sexual intercourse.

Scenario: Cory

Cory's friends always seem to be bragging about being sexually active and telling stories about their experiences. Cory has a date with Lee on Saturday night and his friends keep telling him that Lee is "easy" and he should "go for it". Cory isn't interested in sex yet, but he knows that his friends will be expecting some details when he gets to school on Monday. What should Cory do?

- Cory should not do anything sexually that he is not comfortable doing.
- Cory should think about what his sexual limits are before he goes on his date with Lee.
- Cory should stick to his sexual limits and communicate them to Lee, if Lee wants to do something sexually, but Cory is not comfortable.
- Cory should also not assume that something sexual would happen between him and Lee just because they are going on a date.
- Cory can tell his friends as much or as little about the date as he wants to:
 - "Sorry guys, I don't want to talk about it"
 - "I know that you guys are comfortable with that stuff, but I'm not right now"