

### What would you say?

**Time:** 20 minutes

#### Materials:

- [What would you say? scenario cards](#)
- [What would you say? answer key](#)

#### Instructions

- Open a brief whole class discussion to review the differences between healthy and unhealthy relationships
  - Recall the discussion in the Road to relationships activity, referring to the information in the Core Knowledge Content as needed
    - **Optional:** review the S.H.A.R.E. qualities with the students (see Core Knowledge Content). Consider printing the acronym on the board or creating a handout. The students may have seen this acronym in Grade 6 as a part of the presentation on healthy relationships.
- Inform students that in this activity they will be exploring some different scenarios and responding with some advice
  - Pretend that this is a classmate, friend, or sibling coming to you with a problem and asking for help making a decision. What do you see as the problem? What is your best advice for the person in question?
- Read a scenario aloud and invite the students to discuss their reflections and advice. Consider using the following prompts for the discussion:
  - Are these people in a healthy or unhealthy relationship? How can you tell?
  - What advice would you give to the person?
  - What might the outcomes be? Negative outcomes? Positive outcomes?
  - What are some things the person should consider?
- Encourage the students to recall the qualities of healthy relationships
- Repeat with the remaining scenarios

#### Variations

- Allow students to discuss the scenarios in small groups
- Create a gallery walk
  - Place a different scenario at a different station throughout the classroom

- Divide students into small groups, each beginning at a different station to discuss that station's scenario and their response
- After several minutes, have groups rotate to the next station and scenario
- Once groups have visited each station, have a brief whole class discussion in which students reflect on the activity and on the scenarios
- Optional: Include a blank sheet onto which groups record their responses at each station
- **Quick review:** whenever time permits (5-10 minutes), revisit one or two scenarios to discuss healthy relationships and responding to difficult situations