

## I.D.E.A.L. Problem-Solving

I	Identify the problem.
D	Describe all the possible solutions and gather information using people, books and other resources or reflect on past experiences, etc.
E	Evaluate the consequences of each solution (pros and cons).
A	Act – Choose a solution and try it!
L	Learn – Did it work? Why? Why not? If it does not work, start process again, keep "DEAL"ing.

## Identify the problem:

Describe two possible ways you might choose to help solve the problem and evaluate each solution.

Solution # 1:

Better because:

Worse because:

Niagara - // // Region

## **Teaching** Tool Grade 6: Healthy Relationships



Solution # 2:

Better because:

Worse because:

The best solution is # \_\_\_\_\_. Why?

Niagara 🗐 🎢 Region

905-688-8248 or 1-888-505-6074 ext. 7379 niagararegion.ca/**health**  Page 2 of 2