

Teaching Tool

Contraception – Grades 9-12

Condom Game

Time: Approx. 60 minutes (question box can be used in separate lesson if needed)

Materials

- Two or more sets of [cards with statements related to condom use](#).
- Question Box

Instructions

- Review any ground rules with class before beginning.
- Divide class into two or more teams, and give each team a set of cards.
- Have each person on the team take a card. Some students may have more than one card.
- Have each person read aloud their card to the group.
- As a team, the group will decide which card statement is the first step in condom use. The person holding that card begins to form a line. (Note: If students have more than one card, the team may lay them out on the ground, a table, or tape them to the wall instead).
- The group then decides which card goes next. The person holding that card then takes the next place in line.
- This process continues, with each person lining up with the cards in the correct order/placing the cards in the correct order.
- The first group to have their cards in the correct order wins (Note: the order may change depending on group discussion)
- Engage in discussion with the students at the end, using the following talking points:
 - Use a new condom for every sex act. Never use a condom twice.
 - Store condoms at room temperature and out of direct sunlight.
 - Using two male condoms together (double bagging) or a vaginal and male condom together increases the risk of both condoms breaking.
 - Use only water or silicone based lubricants. Oils based lubricants will break the condom.
 - Anyone can buy condoms. Condoms are free at any Niagara Sexual Health Centre's, and from your School Nurse.
 - Condom's provide good protection from STI's and pregnancy.

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- **Question Box:** Have students ask or write out any questions they have and place in question box. Option to answer questions on a different day, or have School Nurse come in to class to help with Q & A.

Variations

- This game can be played individually or in pairs by using small versions of the cards and laying them out on the table.

Condom Game Answer Key

- Give consent to have sex
- Buy/Get a condom
- Talk to partner about STI and pregnancy protection
- Store condoms at room temperature away from direct sunlight
- Check expiry date
- Check for holes in packaging by giving condom a gentle squeeze
- Check for writing on condom packaging saying that it provides STI/HIV protection
- Slide condom to side of package and open carefully
- Make sure the condom will go on the right way (a crease can be seen between the condom and the roll)
- Unroll the condom down to base of penis
- Pinch the tip of the condom
- Right after ejaculation, hold the rim of the condom in place and withdraw penis from partner
- Take condom off carefully to avoid spilling
- Tie condom in a knot
- Throw condom into garbage, not down the toilet

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